

Dress codes

Class	Shoes	Attire	Hair
Pre ballet/tap	Ballet shoes (pink)	Leotard Tights Optional: Ballet sweater & Skirt	Tight clean bun
Pre-Hip-Hop	Clean tennis shoes that are not worn outside	Sweatpants or shorts T-shirt or sweatshirt	Pulled back and out of face
Pre-Tumbling	No shoes/socks Only socks that are allowed would have rubber grippers on the bottom	Tight fitting top or leotard Shorts or leggings	Hair pulled back and out of face
Ballet levels 1-3:	Ballet shoes (pink)	Leotard Tights Optional: Ballet sweater & Skirt	Tight clean bun
Ballet levels 4+	Ballet shoes (pink)	Leotard Tights Optional: Ballet sweater, skirt, black athletic material joggers.	Tight clean bun
Pointe	Pointe Shoes	Leotard Tights Optional: Ballet sweater, skirt, black athletic joggers.	Tight clean bun
Jazz	Tan jazz shoes	Sports bra Tank top/shirt Leggings/shorts	Hair pulled back and out of face
Lyrical	Tan Twila's Foot undier/bare paws	Sports bra Tank top/shirt Leggings/shorts	Hair pulled back and out of face
Tap	Black split sole tap shoes	Sports bra Tank top/shirt Leggings/shorts	Hair pulled back and out of face
Stretch	No shoes Lyrical or jazz shoes are fine	Sports bra Tank top/shirt Leggings/shorts	Hair pulled back and out of face
Tech classes	Jazz or lyrical shoes	Sports bra Tank top/Shirt Leggings/shorts	Hair pulled back and out of face
Hip Hop	Clean tennis shoes that are not worn outside	Sweatpants or baggy shorts Oversized T-shirt or sweatshirt	Hair pulled back and out of face
Conditioning	Bring tennis shoes	Any athletic attire	Hair pulled back and out of face
Legion Rehearsals	Correct shoes per genre – no socks or barefoot unless contemporary	All black attire Hip Hop- all black sweatpants and oversized t-shirt of sweatshirt	Hair pulled back and out of face

Things to keep in your dance bag

A container of hair ties

Bobby pins

Brush

Band-Aids

Pain reliever (If old enough)

Extra tights/leotard

Water

All dance shoes

Tennis ball

Yoga blocks (2)

Pilates ball

Foam roller

Notebook

Small snacks

Looped TheraBand's

Long TheraBand

Ankle weights